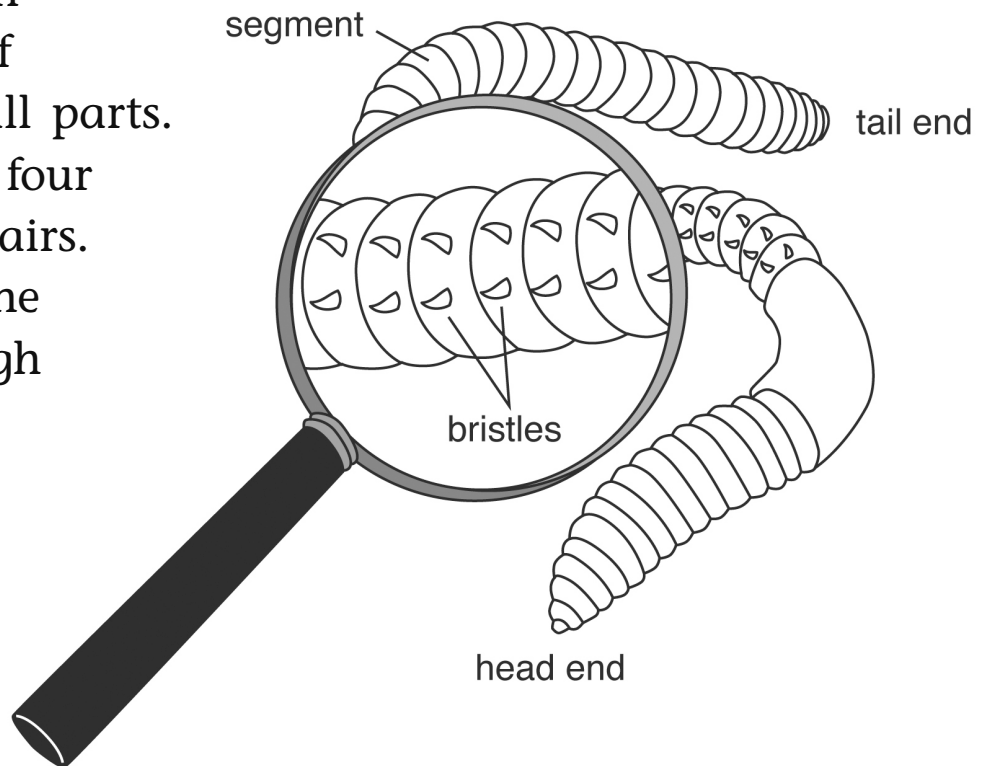


# Our Garden Helpers

Worms are wet and wiggly. Some kids think worms are icky. I think worms are amazing.

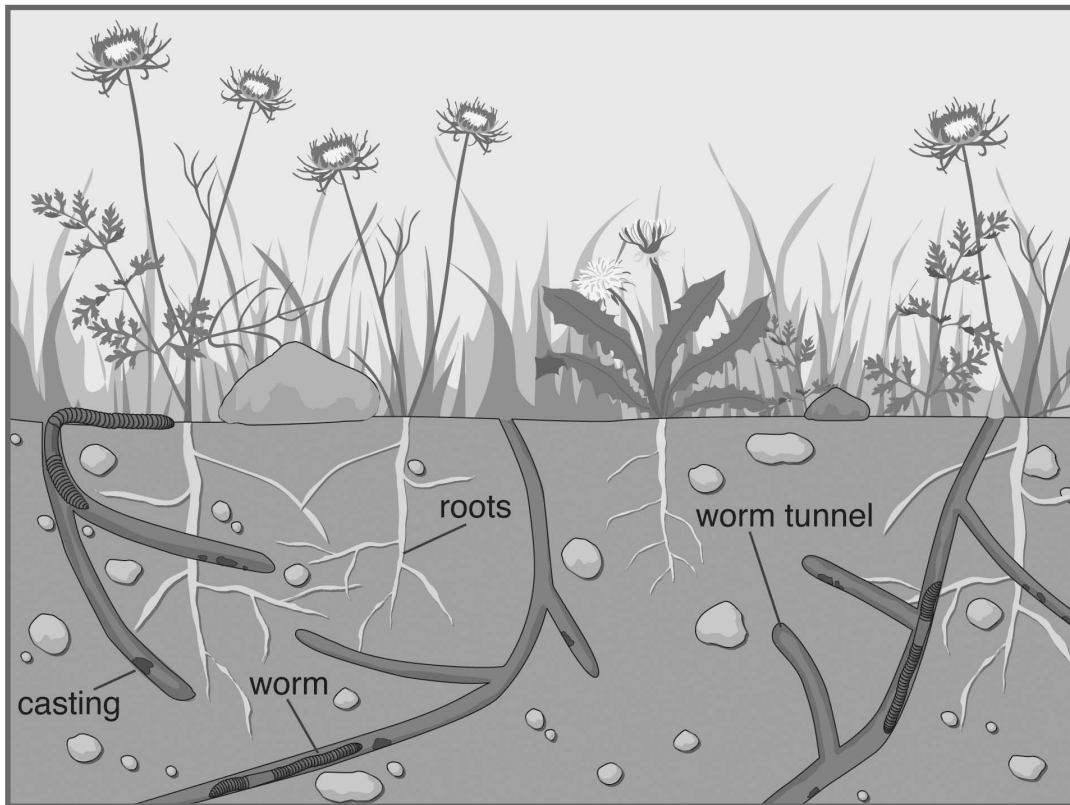


A worm has a **head end** and a **tail end**. In between are lots of **segments**, or small parts. Each segment has four **bristles**, or stiff hairs. The bristles help the worm move through the soil.



Worms are good diggers. They dig tunnels. These tunnels help our plants. The tunnels loosen the soil so that air and water can reach the roots of the plants.

Worms eat dead leaves, soil, and small twigs. Worm poop, called **castings**, makes the soil healthy for our plants.



Worms are our garden helpers!

